



## Coast Guard HR Flag Voice 179

### NEW TRICARE PRIME REMOTE FOR ACTIVE DUTY FAMILY MEMBERS BEGINS

I just took over as G-W this week, and I look forward to working for and with you to achieve the Commandant's direction in people, readiness, and stewardship. These are exciting, challenging, and dynamic times for the Coast Guard . . . none more so than in the area of human resources as we strive to meet the people needs of the Coast Guard and the needs of Coast Guard people during a period of growth and increased mission performance demands. I will continue in the footsteps of Fred Ames to communicate with you by Flag Voice on important human resource issues and to spread the word. I also plan to keep Fred's numbering system for those of you who are keeping the Flag Voices on file. This one falls into the sequence of things. The intent of these Flag Voices is to get wide dissemination, so please pass them along to your people.

This is a follow-up to the information provided in Flag Voices 131 and 167. **The interim benefit period for TRICARE Remote for Active Duty Family Members (TPRADFM) that waived the cost-shares, co-payments and deductibles ends August 31, 2002. It will be replaced by the implementation of a new TPRADFM program on September 1, 2002. Eligible beneficiaries are those active duty family members residing with their sponsors in TRICARE Prime Remote designated locations.**

The new TPRADFM program reduces or eliminates beneficiary out-of-pocket costs by bringing the equity of the TRICARE Prime benefit to active duty family members who, with their sponsors, reside in remote locations. Once the TPRADFM benefit begins, active duty family members can choose to enroll in the program. Active duty family members who do not choose to enroll in TPRADFM will be responsible for their TRICARE Standard/Extra cost-shares and deductibles.

To take advantage of the TPRADFM benefit, active duty sponsors and eligible family members must be enrolled in the Defense Enrollment Eligibility Reporting System (DEERS). To verify or update their eligibility in DEERS, beneficiaries should follow the directions contained in [www.tricare.osd.mil/deers/](http://www.tricare.osd.mil/deers/) <<http://www.tricare.osd.mil/deers/>>. You may also go to [www.tricare.osd.mil/beneficiary/](http://www.tricare.osd.mil/beneficiary/) <<http://www.tricare.osd.mil/beneficiary/>> to find your nearest TRICARE Service Center to check on enrollment procedures and program information specific to your region.

Beginning 1 August 2002 through 20 September 2002 Active Duty Family Members (ADFM) residing with their sponsors in designated TRICARE Prime Remote areas may pre-enroll in TPRADFM by contacting one of the following toll-free numbers:

#### REGIONAL TOLL FREE NUMBERS:

1-888-999-5195 NORTHEAST REGION 1

1-800-931-9501 MID-ATLANTIC REGION 2

1-800-444-5445 SOUTHEAST REGION 3

1-800-333-5331 GULF SOUTH REGION 4

1-800-941-4501 HEARTLAND REGION 5

1-800-611-2875 SOUTHWEST REGION 6

1-877-544-2224 CENTRAL REGION 7/8

1-800-611-2883 SOUTHERN CALIFORNIA REGION 9

1-800-611-2883 GOLDEN GATE REGION 10

1-800-750-6946 NORTHWEST REGION 11

## NUMBERS BY STATE:

ALASKA 1-800-242-6788

ALABAMA 1-877-249-9179

ALASKA 1-800-242-6788

ARIZONA 1-877-554-2224 (EXCEPT YUMA)

YUMA 1-800-242-6788

ARKANSAS 1-800-406-2832 (EXCEPT EASTERN)

EASTERN 1-877-249-9179

CALIFORNIA 1-800-242-6788

COLORADO 1-877-554-2224

CONNECTICUT 1-888-999-5195

DELAWARE 1-888-999-5195

FLORIDA 1-877-249-9179

GEORGIA 1-877-249-9179

HAWAII 1-800-242-6788

IDAHO 1-877-554-2224 (EXCEPT NORTHERN)

NORTHERN 1-800-404-2042

ILLINOIS 1-800-941-4501

INDIANA 1-800-941-4501

IOWA 1-877-554-2224

KANSAS 1-877-554-2224

KENTUCKY 1-800-941-4501

LOUISIANA 1-877-249-9179 (EXCEPT WESTERN)

WESTERN 1-800-406-2832

MAINE 1-888-999-5195

MARYLAND 1-888-999-5195

MASSACHUSETTS 1-888-999-5195

MICHIGAN 1-800-941-4501

MINNESOTA 1-877-554-2224

MISSISSIPPI 1-877-249-9179

MISSOURI 1-877-554-2224 (EXCEPT ST LOUIS)

ST LOUIS 1-800-941-4501

MONTANA 1-877-554-2224

NEBRASKA 1-877-554-2224

NEVADA 1-877-554-2224

NEW HAMPSHIRE 1-888-999-5195

NEW JERSEY 1-888-999-5195

NEW MEXICO 1-877-554-2224

NEW YORK 1-888-999-5195

NORTH CAROLINA 1-800-931-9501

NORTH DAKOTA 1-877-554-2224

OHIO 1-800-941-4501

OKLAHOMA 1-800-406-2832

OREGON 1-800-404-2042

PENNSYLVANIA 1-888-999-5195

RHODE ISLAND 1-888-999-5195

SOUTH CAROLINA 1-877-249-9179

SOUTH DAKOTA 1-877-554-2224

TENNESSEE 1-877-249-9179

TEXAS 1-800-406-2832 (EXCEPT EL PASO)

EL PASO 1-877-554-2224

UTAH 1-877-554-2224

VERMONT 1-888-999-5195

VIRGINIA 1-888-999-5195 (EXCEPT SOUTHERN)

SOUTHERN 1-800-931-9501

WASHINGTON 1-800-404-2042

WASHINGTON, DC 1-888-999-5195

WEST VIRGINIA 1-800-941-4501

WISCONSIN 1-800-941-4501

WYOMING 1-877-554-2224

Additional information on the new TPRADFM program is available on the TRICARE Web site at [www.tricare.osd.mil/remote/benes/adf.html](http://www.tricare.osd.mil/remote/benes/adf.html) <<http://www.tricare.osd.mil/remote/benes/adf.html>> Sponsors and active duty family members also may contact the Worldwide TRICARE Information Center toll-free at 1-877-DOD-CARE (1-877-363-2273) or our MLC Atlantic based Health Benefits line at 1-800-942-2422 or your MLC Pacific Unit HBA.

Regards, Ken Venuto



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